



..... ALLERGENS ADVICE

Please be aware that although some of our dishes don't contain certain allergens, they are prepared in an environment where allergens are present & although care is taken to avoid any contamination, allergen traces may be found in any of our dishes.

Always tell a server about any allergies or intolerances that you have before you order

Our suppliers keep us informed and updated of there procedures and handling of products to prevent risk of cross contamination

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All dishes marked with * are served with Crusty Bread or Flat Bread & will contain GLUTEN. All salad dishes & dishes with side salad will contain GLUTEN, SULPHITES & MUSTARD. All dishes served with fries will contain GLUTEN.

STARTERS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Garlic Bread	X						X							
Homemade Soup*	Will vary - see Chef.													
Prawn Cocktail *	X	X	X	X										
Moules Mariniere *							X							X
King Prawns - Garlic *		X					X							
King Prawns - Battered	X	X	X				X							
Creamy Garlic Mushrooms *							X			X				
Battered Garlic Mushrooms	X		X				X							
Calamari	X		X				X							X
Chicken Goujons	X		X				X							
Haddock Goujons	X		X	X			X			Tartare				
Olives & Houmous *											X			
Potato Skins Garlic Dip			X											
Potato Skins BBQ Dip										X				
Half Rack of Ribs										X				
Chicken Wings Jack Daniels														
Chicken Wings - BBQ										X				
Chicken Wings - Hot Sauce												X		
Duck Spring Rolls	X					X					X	X		
Bruschetta	X						X					X		
Nachos							X							
Nachos - Fajita Chicken							X							
Nachos - BBQ Pulled Pork							X			X				
CP's BBQ Combo for 2	See allergens for 'Half Rack of Ribs,' 'Chicken Wings' & 'Potato Skins.'													

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PASTA	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Spaghetti Bolognese	X											X		
Lasagne	X		X				X					X		
Tortellini Bolognese	X		X				X					X		
Spaghetti Carbonara	X		X				X							
Penne Arrabiata	X						X							
Penne Alfredo	X						X							
Penne Con Pollo	X						X	X						
Tagliatelle with Salmon	X		X	X			X					X		
Tagliatelle with King Prawns	X	X	X				X							

PIZZA	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Margherita	X						X							
Diavola	X						X							
Veggie	X						X							
Calzone - bolognese	X						X					X		
Meat Feast	X						X							
Central Park	X						X							

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All dishes marked with * are served with Crusty Bread or Flat Bread & will contain GLUTEN. All salad dishes & dishes with side salad will contain GLUTEN, SULPHITES & MUSTARD. All dishes served with fries will contain GLUTEN.

MEXICAN	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Fajitas - Chicken or Beef	X													
Fajitas - King Prawn	X	X												
Sides:														
Salsa														
Guacamole														
Sour Cream							X							
Grated Cheddar							X							
Cajun Chicken	Creole								Creole					
Blackened Steak	Creole								Creole					
Cajun Salmon	Creole			X					Creole					

SEAFOOD	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Salmon Steak			X	X			X					X		
Whitby Scampi	X	X	X							Tartare				
Seabass														
Haddock & Chips	X		X	X			X							
Moules & Frites *	Fries						X					X		X
King Prawns -Garlic Butter *		X					X							
King Prawns - Battered	X	X	X				X							

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PARMESANS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Chicken or Pork Parmesan	X		X				X							
Chicken or Pork Hotshot Parmesan	X		X				X							
Chicken or Pork Zacharoff	X		X				X					X		
Chicken or Pork Parmesan/ Spag Bol	X		X				X					X		
Chicken or Pork Parmesan/ Ribs	X		X				X			X		X		
Chicken Marashala	X		X				X							
Pulled Pork Parmesan	X		X				X			X				
Extra Toppings:														
Pepperoni							X							
Mushrooms														
Garlic Butter							X							
Pineapple														
Jalapenos														
Chilli														
Peppers														
Onions														

HOUSE SPECIALS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Peppered Chicken or Pork	X			X			X					X		
Chicken or Pork Diane	X			X			X							
Henry VIII	X						X			X		X		
Chicken Kiev	X		X				X							
Hickory Chicken or Pork							X			X				

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KEBABS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Beef Kebab *												X		
Chicken Kebab *												X		
Mixed Kebab *												X		
Sides:														
Flat Bread	X													
Tzatzki	X						X							
Greek Salad							X			X		X		
Sauces:														
Teriyaki	X					X				X				
Peppered	X			X			X					X		
Sweet Chilli												X		
Garlic Butter							X							
Jack Daniels														
Louisiana Hot Sauce												X		

STEAKS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Sirloin Steak														
Fillet Steak														
Blue Mountain Steak							X							
T-Bone Steak														
Surf & Turf		X					X							

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RIBS & PULLED PORK	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Baby Back Ribs										X				
North Carolina Pulled Pork Sandwich	X		X				X			X				
Baby Back Ribs & Pulled Pork										X				
Baby Back Ribs & Wings										X				

BEEF BURGERS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Classic Burger	X		X				X							
Cheeseburger	X		X				X							
Cheese & Bacon	X		X				X							
Piggy Back Burger	X		X				X			X				
BBQ Cheese & Bacon Burger	X		X				X			X				
Murder Burger	X		X				X			X		Relish		
Pit Burger	X		X				X			X				
CHICKEN BURGERS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Classic Chicken Burger	X		X				X							
Chicken Burger with Cheese	X		X				X							
BBQ Chicken Burger with Cheese & Bacon	X		X				X			X				
Tennessee Chicken Burger	X		X				X			X				
Louisiana Chicken Burger	X		X				X			X				
Chicken Parmo Burger	X		X				X			X				
Pulled Pork Chicken Burger	X		X				X			X				

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SIDES	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Giant Onion Rings	X		X				X							
Garlic Bread														
Onion Loaf	X		X				X							
Mushrooms														
Roasties														
Chunky Chips														
French Fries	X													
Sweet Potato Fries														
Coleslaw			X											
Potato Skins with Sour Cream & Cheese							X							
Crusty Bread (Ciabatta)	X		X				X							
Flat Bread	X													

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SAUCES	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Tartare			X							X				
Marie Rose	X		X	X								X		
Teriyaki	X					X								
Tzatziki							X							
Sweet Chilli												X		
Garlic Butter							X							
Plum Sauce														
Jack Daniels														
Peppercorn	X			X			X							
Diane				X		X	X			X		X		
Henry VIII	X						X			X		X		
Café de Paris							X							
Mushroom Sauce							X			X		X		
CP's Cheese Sauce							X							
Zacharoff Sauce							X					X		
Marashala Sauce							X					X		
French Mustard										X				
Tomato/Hamburger Relish										X		X		

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SAUCES CONT...	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Louisiana Hot Sauce												X		
BBQ Sauce										X				
Mayonnaise			X											
Garlic Mayonnaise			X											
Chilli Garlic Mayonnaise			X											
Hoisin Sauce	X					X								
Creole Sauce	X								X					
Guacamole														
Salsa														
Sour Cream							X							
Caesar Dressing			X				X							
House Vinaigrette	X									X		X		

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CAFE
CENTRAL PARK
BAR & RESTAURANT

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CHILDREN'S	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Fish Fingers	X			X										
Chicken Nuggets	X													
Burger	X		X				X							
Sausages														
Margherita Pizza	X						X							
Pepperoni Pizza	X						X							
Ham Pizza	X						X							
Spaghetti Bolognese	X											X		
Lasagne	X		X				X					X		
Penne Carbonara	X		X				X							
Sides:														
Baked Beans														
Fries	X													
Peas														

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DESSERTS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Banana McToffee	X						X							
Sticky Toffee Pudding	X		X			X	X							
Crème Brulee			X				X							
Chocolate Fudge Cake	X		X			X	X							
Ferrero Rocher Cheesecake	X				X	X	X	X						
Galaxy Cheesecake GF						X	X							
Strawberry & Mallow Kebab	Choc Sauce					Choc Sauce	Sauce							
Raspberry White Choc CCake	X					X	X							
Eton Mess			X				X							
Strawberries & Cream Waffle	X		X			X	X							
Banana & Toffee Waffle	X		X			X	X							
Waffle of the Week	Will differ - see dessert counter.													
Banana Milkshake							X							
Chocolate Milkshake							X							
Strawberry Milkshake							X							
Vanilla Milkshake							X							
Shake of the Day	Will differ - see dessert counter.													
Totally Toffee Sundae	Wafer						X							
Berry Burst Sundae	Wafer						X							
Mint Madness Sundae	Wafer					X	X							
Toffee Sauce							X							
Chocolate Sauce	X					X	X							
Wafer	X					X	X							
Custard							X							

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All dishes with side salad will contain SULPHITES and MUSTARD. All dishes served with fries will contain GLUTEN.

BREAKFAST	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Full English	X		X				X							
Veggie Breakfast	X		X				X							
Vegan Breakfast	X										X			
Breakfast Parmo	X		X				X							
Keto Breakfast			X				X							
American Breakfast	X		X				X							
Canadian Breakfast	X		X				X							
Eggs Benedict	X		X			X						X		
Eggs Royale	X		X	X		X	X					X		
Eggs Any Which Way	X		X				X							
Mushroom Toast	X						X							
Avocado Toast	X													
Avocado Toast + Feta	X						X							
Avocado Toast + Salmon	X			X										
Bacon Sandwich	X					X								
Sausage Sandwich	X					X								
Egg Sandwich	X		X			X								
Acai Bowl	X					X		X						
Jammie Dodger Pancakes	X		X			X	X					X		
Kinderella Pancakes	X		X				X	X						

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